SCHEDULE
APT Intensive Program 2023

1°WEEK > 21 - 26 AUGUST -- VASKO NASONOV

	MONDAY > 21	TUESDAY > 22	WEDNESDAY > 23	THURSDAY > 24	FRIDAY > 25	SATURDAY > 26
10.00 - 13.00	**VASKO NASONOV**	**VASKO NASONOV**	**VASKO NASONOV**	**VASKO NASONOV**	**VASKO NASONOV**	**VASKO NASONOV**
13.00 - 13.30	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK
13.30 - 16.15	**PAOLO BENEDETTI**	**PAOLO BENEDETTI**	**PAOLO BENEDETTI**	**PAOLO BENEDETTI**	**PAOLO BENEDETTI**	**PAOLO BENEDETTI**
16.15-16.30	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK
16.30 - 18.00	**G.LORENZI** PARKOUR APPLIED	**G.LORENZI** PARKOUR APPLIED	**G.LORENZI** PARKOUR APPLIED	**M.BURINI** PHYSICAL WRITING in the SCENIC SPACE	**M.BURINI** PHYSICAL WRITING in the SCENIC SPACE	**M.BURINI** PHYSICAL WRITING in the SCENIC SPACE
18.00 - 18.30	STRETCHING	STRETCHING	STRETCHING	STRETCHING	STRETCHING	STRETCHING

2°WEEK > 28 AUGUST - 02 SEPTEMBER -- IDO BATASH

	MONDAY > 28	TUESDAY > 29	WEDNESDAY > 30	THURSDAY > 31	FRIDAY > 01	SATURDAY > 02
10.00 - 13.00	**IDO BATASH**	**IDO BATASH**	**IDO BATASH**	**IDO BATASH**	**IDO BATASH**	**IDO BATASH**
13.00 - 13.30	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK
13.30 - 16.15	**PAOLO BENEDETTI**	**PAOLO BENEDETTI**	**PAOLO BENEDETTI**	**PAOLO BENEDETTI**	**PAOLO BENEDETTI**	**PAOLO BENEDETTI**
16.15-16.30	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK
16.30 - 18.00	**G.LORENZI** PARKOUR APPLIED	**G.LORENZI** PARKOUR APPLIED	**G.LORENZI** PARKOUR APPLIED	**M.BURINI** PHYSICAL WRITING in the SCENIC SPACE	**M.BURINI** PHYSICAL WRITING in the SCENIC SPACE	**M.BURINI** PHYSICAL WRITING in the SCENIC SPACE
18.00 - 18.30	STRETCHING	STRETCHING	STRETCHING	STRETCHING	STRETCHING	STRETCHING

3°WEEK > 04 - 09 SEPTEMBER -- VICTOR ROTTIER

	MONDAY > 04	TUESDAY > 05	WEDNESDAY > 06	THURSDAY > 07	FRIDAY > 08	SATURDAY > 09
10.00 - 13.00	**VICTOR ROTTIER**	**VICTOR ROTTIER**	**VICTOR ROTTIER**	**VICTOR ROTTIER**	**VICTOR ROTTIER**	**VICTOR ROTTIER**
13.00 - 13.30	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK
13.30 - 16.15	**PAOLO BENEDETTI**	**PAOLO BENEDETTI**	**PAOLO BENEDETTI**	**PAOLO BENEDETTI**	**PAOLO BENEDETTI**	**PAOLO BENEDETTI**
16.15-16.30	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK
16.30 - 18.00	**G.LORENZI** PARKOUR APPLIED	**G.LORENZI** PARKOUR APPLIED	**G.LORENZI** PARKOUR APPLIED	**M.BURINI** PHYSICAL WRITING in the SCENIC SPACE	**M.BURINI** PHYSICAL WRITING in the SCENIC SPACE	**M.BURINI** PHYSICAL WRITING in the SCENIC SPACE
18.00 - 18.30	STRETCHING	STRETCHING	STRETCHING	STRETCHING	STRETCHING	STRETCHING