

Ido Batash

Ido Batash 1984 (IL), is an independent choreographer and a professional dancer based in Belgium.

Between 2002-2018, Ido danced and performed for several companies, including: les ballets C de la B - (in C(H)OEURS & nicht schlafen) under the direction of the choreographer Alain Platel, Inbal Pinto & Avshalom Pollak dance Company, NDD-Galili Dance, Kibbutz Contemporary Dance Company and he participated in projects of the choreographers Idan Cohen, Talia Back, Roy Assaf and Meytal Blanaru.

In 2009 Ido has started to create his own independent choreographies. Several of them were invited to perform around the world in different venues and dance festivals.

In 2012, Ido was invited to take a position as a resident choreographer at Random Collision (NL) - An organization that focuses on contemporary choreography and the development of talented young choreographers and stimulates the exchange between makers and public to expand the awareness of contemporary dance.

In 2014, the work **Ego Trip**, a collaboration with the choreographer Anna Reti, was nominated for the best work of the year by Rudolf Laban Institute. Same year, Ido received the 2nd prize for the choreography of **bodymagic**, at the International Choreography Competition of Machol Shalem, in Jerusalem.

Since 2017 Ido is collaborating with the choreographer Lisi Estaras and monkeymind company. Together they have created 'The Jewish Connection Project' and performed it in several important festivals around Europe.

Along his personal artistic activities, Ido initiates independent projects in collaboration with other choreographers, artists and scientists from different disciplines, and he teaches contemporary dance classes and workshops based on his working method, at les ballets C de la B and other dance platforms and universities in Europe.

MoveMental workshop information:

MoveMental workshop fits for the ones who wishes to zoom inside to their own inner programme and break down their forms of thinking to the level of tiny particles. Inspired by several movement and mind techniques, we'll start the day with a session to disintegrate the states of mind and prepare the body to be warmer and wiser to begin to explore and rediscovered.

Through sessions of intensive improvisations, we'll continue to focus on the spectrum of creativity as required from dancers and performers of today. This will push us to a level that is not yet revealed, familiar and known as trans- personal dimension. With a safe environment and personal attention will get back into our bodies instincts, sensations and playfulness, to find out how to get more conscious and in presence with our own Self intentional wishes to express dance.

This workshop is an invitation for you not to think a n y l o n g e r , but rather to dance yourself as unspoken language.